



JOIN OUR INSTRUCTOR TEAM

BEAT is Lausanne's only five-star rated pay-as-you-go fitness studio offering RIDE, HIIT, YOGA, BARRE & BOXE.

We are on a mission to make healthy living a habit.

We believe that group training helps both the mind and the body to stay strong and healthy.
We believe that fitness is for everyone and should be part of our daily lives.

Motivational Instructors, exceptional Hospitality and a genuine feeling of Community transform working out from an obligation to a destination.

From a chore, to a date in the diary that we can't wait to keep.

From anonymous to a sense of belonging.

At BEAT every class is unique.

We are seeking a passionate, positive, energetic team player that will motivate our community to make healthy living a habit.

We have available instructor positions for RIDE, HIIT, BARRE & BOXE.

Using the music, you will lead our community through a physical and emotional journey each and every class

If you are a certified fitness professional and you are passionate about the latest fitness, lifestyle and music trends

and believe that being healthy is essential to happiness,
then we want to hear from you.

WORKOUTS

RIDE

RIDE is our high-intensity, low-impact spinning class that strengthens and tones, burns calories and reignites your mind. You are a group fitness instructor and you have a passion for music and fitness as well as a charismatic personality that motivates others.

HIIT

HIIT is our full-body High Intensity Interval Training workout that combines explosive cardio, body weight and functional training moves to improve strength, agility and speed. You are a qualified group fitness instructor who knows how to help individuals exceed their own expectations within a collaborative team environment.

YOGA

YOGA Flow is our energizing and dynamic Vinyasa flow yoga class that increases flexibility, strength and mobility to a backdrop of beats that make you move. You are a +200 hour RYS certified yoga instructor who believes that if we commit to smiling, sweating and taking yoga a little less seriously the world will be a better place.

BARRE

High energy hybrid workout inspired by ballet, Pilates, yoga and functional training to sculpt, strengthen and lengthen. You are a qualified Pilates, Barre or Dance instructor who has a passion for precise movement and alignment and knows how to guide people through rhythm, creative choreography while motivating them to push past their edge.

BOXE

BOXE is our invigorating 12-round boxing workout and alternates between pure technique, progressive bag punching combos and bodyweight conditioning drills to develop coordination, agility and full-body power. You have experience as a fighter or you are a BOXE / fitness instructor and you want to share your passion and skills with others to make them stronger and faster.

WHO WE ARE LOOKING FOR

RESPONSIBILITIES

Objective: provide an exceptional customer experience

- Attend mandatory BEAT Fitness Academy – our Instructor Training Programme
- Prepare class content and music – each class in unique
- Prepare monthly Spotify Playlists
- Attend 4 refresher courses per year to demonstrate obtained skills and knowledge
- Ongoing continuing education and personal review

REQUIREMENTS

- Zest for life: Friendly, professional, positive, can-do attitude
- Maintain the distinct BEAT Fitness aesthetic, appearance, atmosphere and culture
- Fitness certification (Group fitness, PT, or specific according to the position : Spinning / BARRE, BOXE...)
- First experience as a fitness instructor
- Passion for Fitness and Music
- Ability to create motivating playlists
- Proficient in iTunes / Spotify
- Your own reliable source of music
- Previous fitness teaching experience
- First Aid / CPR Certification
- Commitment to exceptional customer service
- Positive, initiative taking attitude
- Excellent communication skills
- Flexibility to work a non-traditional schedule
 - o Availability for early morning, lunch or evening and weekend shifts.
- Fluent English and French
- Valid Swiss Work Permit

HOW TO APPLY

Please apply by sending the following mandatory documents to hello@beatfitness.ch (*non complete applications won't be considered*)

- Covering Letter - 1 Page (including your availability to teach)
- CV - 1 Page
- Your Short Story Video - 60 seconds

YOUR STORY

Please answer the questions below in a short 60 second video:

1. What's your story?
2. What do you love about fitness?
3. Why do you want to be part of our team?
4. What's your favorite track to workout to at the moment? Why?
5. What was the last adventure you went on?

Please keep it short and sweet: 60 seconds max. for the video and 1 page for each of CL/CV
If your video file is large use wetransfer to send to hello@beatfitness.ch

AVAILABILITY

Please familiarise yourself with our [online timetable](#) and indicate your availability in your covering letter in the following format:

	MON	TUE	WED	THU	FRI	SAT	SUN
Early AM							
Lunch							
PM							

BEAT FITNESS AUDITIONS

After reviewing your application if you meet the requirements we will invite you to the next available BEAT Fitness Instructor Audition.

If you pass the audition you will be accepted into the BEAT Fitness Academy, our mandatory in house Instructor Training Programme where you will learn the BEAT Fitness methodology.